

WTFUSA 2016 Junior Nationals Track Qualifying Standards

U23 Male	U20 Male	U18 Male	U16 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U18 Female	U16 Female	U14 Female	U11 Female
					00:45.0	T31	20m	T31						01:00.00
					00:30.0	T32	20m	T32						0:35.00
					00:20.0	T33	20m	T33						0:30.00
					00:09.0	T35	20m	T35						00:11.0
					00:09.0	T35a	20m	T35a						00:11.0
					00:07.0	T36	20m	T36						00:10.0
					00:10.0	T40	20m	T40						00:11.0
					00:10.0	T41	20m	T41						00:11.0
					01:00.0	TRR1	20m	TRR1						01:00.0
					01:00.0	TRR2	20m	TRR2						01:00.0
					00:50.0	TRR3	20m	TRR3						00:50.0
					00:40.0	TRR4	20m	TRR4						00:40.0
					00:30.0	TRR5	20m	TRR5						00:30.0
					00:21.0	T11	60m	T11						00:24.0
					00:18.5	T12	60m	T12						00:20.5
					00:18.0	T13	60m	T13						00:20.5
				00:16.4	00:18.0	T20	60m	T20				00:18.6	00:20.5	
				00:50.0	00:55.0	T31	60m	T31				00:54.5	01:00.0	
				1:13.00	01:20.3	T32	60m	T32				01:21.8	01:30.0	
				00:35.5	00:39.0	T33	60m	T33				00:40.9	00:45.0	
				00:27.3	00:30.0	T34	60m	T34				00:30.0	00:33.0	
				00:20.0	00:22.0	T35	60m	T35				00:27.3	00:30.0	
					00:26.0	T35a	60m	T35a					00:30.0	
				00:18.2	00:20.0	T36	60m	T36				00:26.4	00:29.0	
				00:16.4	00:18.0	T37	60m	T37				00:17.3	00:19.0	
				00:15.9	00:17.5	T38	60m	T38				00:16.4	00:18.0	
00:13.3	00:14.3	00:15.4	00:16.7	00:18.2	00:20.0	T40	60m	T40	00:14.7	00:15.7	00:16.9	00:18.3	00:20.0	00:22.0
00:13.3	00:14.3	00:15.4	00:16.7	00:18.2	00:20.0	T41	60m	T41	00:14.7	00:15.7	00:16.9	00:18.3	00:20.0	00:22.0
					00:22.0	T42	60m	T42						00:30.0
					00:18.5	T43	60m	T43						00:22.0
					00:17.0	T44	60m	T44						00:21.0
					00:16.5	T45	60m	T45						00:21.5
					00:16.0	T46	60m	T46						00:21.5
					00:16.0	T47	60m	T47						00:21.5
		00:42.3	00:45.8	00:50.0	00:55.0	T51	60m	T51			00:50.0	00:54.2	00:59.1	01:05.0
				00:25.5	00:28.0	T52	60m	T52					00:35.9	00:39.5
					00:22.5	T53	60m	T53						00:31.0
					00:21.0	T54	60m	T54						00:26.0
				1:30.00	1:39.00	TRR1	60m	TRR1					1:30.00	1:39.00

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U23 Male	U20 Male	U18 Male	U16 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U18 Female	U16 Female	U14 Female	U11 Female
				1:30.00	1:39.00	TRR2	60m	TRR2					1:30.00	1:39.00
				1:20.00	1:28.00	TRR3	60m	TRR3					1:20.00	1:28.00
					1:20.00	TRR4	60m	TRR4						1:20.00
					1:00.00	TRR5	60m	TRR5						1:00.00
00:18.4	00:20.2	00:22.0	00:23.9	00:25.7	00:27.6	T11	100m	T11	00:22.2	00:24.4	00:26.6	00:28.9	00:31.1	00:33.3
00:17.9	00:19.7	00:21.5	00:23.3	00:25.1	00:26.9	T12	100m	T12	00:21.6	00:23.8	00:25.9	00:28.1	00:30.2	00:32.4
00:17.9	00:19.7	00:21.5	00:23.3	00:25.1	00:26.9	T13	100m	T13	00:21.6	00:23.8	00:25.9	00:28.1	00:30.2	00:32.4
00:17.9	00:19.7	00:21.5	00:23.3	00:25.1	00:26.9	T20	100m	T20	00:21.6	00:23.8	00:25.9	00:28.1	00:30.2	00:32.4
01:01.0	01:07.1	01:13.2	01:19.3	01:25.4	01:31.5	T31	100m	T31	01:25.0	01:33.5	01:42.0	01:50.5	01:59.0	02:07.5
00:59.0	01:04.9	01:10.8	01:16.7	01:22.6	01:28.5	T32	100m	T32	01:18.0	01:25.8	01:33.6	01:41.4	01:49.2	01:57.0
00:34.0	00:37.4	00:40.8	00:44.1	00:47.5	00:50.9	T33	100m	T33	00:44.0	00:48.4	00:52.8	00:57.2	01:01.6	01:06.0
00:33.6	00:37.0	00:40.3	00:43.7	00:47.0	00:50.4	T34	100m	T34	00:43.2	00:47.5	00:51.8	00:56.2	01:00.5	01:04.8
00:23.4	00:25.7	00:28.1	00:30.4	00:32.8	00:35.1	T35	100m	T35	00:41.3	00:45.4	00:49.5	00:53.6	00:57.8	01:01.9
					00:45.0	T35a	100m	T35a						00:55.0
00:22.1	00:24.3	00:26.5	00:28.7	00:30.9	00:33.1	T36	100m	T36	00:27.9	00:30.7	00:33.5	00:36.3	00:39.1	00:41.8
00:19.7	00:21.6	00:23.6	00:25.6	00:27.5	00:29.5	T37	100m	T37	00:25.3	00:27.8	00:30.3	00:32.9	00:35.4	00:37.9
00:19.5	00:21.4	00:23.4	00:25.3	00:27.3	00:29.2	T38	100m	T38	00:24.8	00:27.2	00:29.7	00:32.2	00:34.7	00:37.1
00:22.0	00:23.6	00:25.4	00:27.5	00:30.0	00:33.0	T40	100m	T40	00:23.3	00:25.0	00:26.9	00:29.2	00:31.8	00:35.0
00:22.0	00:23.6	00:25.4	00:27.5	00:30.0	00:33.0	T41	100m	T41	00:23.3	00:25.0	00:26.9	00:29.2	00:31.8	00:35.0
00:24.4	00:26.8	00:29.2	00:31.7	00:34.1	00:36.6	T42	100m	T42	00:30.0	00:33.0	00:36.0	00:39.0	00:42.0	00:45.0
00:20.1	00:22.1	00:24.1	00:26.1	00:28.1	00:30.1	T43	100m	T43	00:25.5	00:28.1	00:30.6	00:33.2	00:35.7	00:38.2
00:20.1	00:22.1	00:24.1	00:26.1	00:28.1	00:30.1	T44	100m	T44	00:25.5	00:28.1	00:30.6	00:33.2	00:35.7	00:38.2
00:17.8	00:19.6	00:21.3	00:23.1	00:24.9	00:26.7	T45	100m	T45	00:23.4	00:25.7	00:28.1	00:30.4	00:32.8	00:35.1
00:17.8	00:19.6	00:21.3	00:23.1	00:24.9	00:26.7	T46	100m	T46	00:23.4	00:25.7	00:28.1	00:30.4	00:32.8	00:35.1
00:17.8	00:19.6	00:21.3	00:23.1	00:24.9	00:26.7	T47	100m	T47	00:23.4	00:25.7	00:28.1	00:30.4	00:32.8	00:35.1
00:47.3	00:52.0	00:56.7	01:01.4	01:06.2	01:10.9	T51	100m	T51	00:49.7	00:54.7	00:59.7	01:04.7	01:09.6	01:14.6
00:30.6	00:33.6	00:36.7	00:39.7	00:42.8	00:45.8	T52	100m	T52	0:43.20	0:47.52	0:51.84	0:56.16	1:00.48	1:04.80
00:24.6	00:27.1	00:29.5	00:32.0	00:34.5	00:36.9	T53	100m	T53	00:34.1	00:37.5	00:40.9	00:44.3	00:47.7	00:51.1
00:22.5	00:24.8	00:27.0	00:29.3	00:31.5	00:33.8	T54	100m	T54	00:28.4	00:31.2	00:34.0	00:36.9	00:39.7	00:42.5
01:12.0	01:19.2	01:26.4	01:33.6	01:40.8	01:48.0	TRR1	100m	TRR1	01:26.4	01:35.0	01:43.7	01:52.3	02:01.0	02:09.6
01:00.0	01:06.0	01:12.0	01:18.0	01:24.0	01:30.0	TRR2	100m	TRR2	01:12.0	01:19.2	01:26.4	01:33.6	01:40.8	01:48.0
00:54.0	00:59.4	01:04.8	01:10.2	01:15.6	01:21.0	TRR3	100m	TRR3	01:04.8	01:11.3	01:17.8	01:24.2	01:30.7	01:37.2
00:48.6	00:53.5	00:58.3	01:03.2	01:08.0	01:12.9	TRR4	100m	TRR4	00:58.3	01:04.2	01:10.0	01:15.8	01:21.6	01:27.5
00:43.7	00:48.1	00:52.5	00:56.9	01:01.2	01:05.6	TRR5	100m	TRR5	00:52.5	00:57.7	01:03.0	01:08.2	01:13.5	01:18.7
00:37.8	00:41.6	00:45.4	00:49.1	00:52.9	00:56.7	T11	200m	T11	00:45.5	00:50.0	00:54.5	00:59.1	01:03.6	01:08.2
00:36.3	00:39.9	00:43.6	00:47.2	00:50.8	00:54.5	T12	200m	T12	00:45.0	00:49.5	00:54.0	00:58.5	01:03.0	01:07.5
00:36.3	00:39.9	00:43.6	00:47.2	00:50.8	00:54.5	T13	200m	T13	00:44.2	00:48.6	00:53.0	00:57.4	01:01.8	01:06.2
00:36.3	00:39.9	00:43.6	00:47.2	00:50.8	00:54.5	T20	200m	T20	00:44.2	00:48.6	00:53.0	00:57.4	01:01.8	01:06.2
						T31	200m	T31						
02:06.0	02:18.6	02:31.2	02:43.8	02:56.4		T32	200m	T32	02:40.0	02:56.0	03:12.0	03:28.0	03:44.0	

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U23 Male	U20 Male	U18 Male	U16 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U18 Female	U16 Female	U14 Female	U11 Female
01:02.8	01:09.1	01:15.4	01:21.6	01:27.9	01:34.2	T33	200m	T33	01:15.0	01:22.5	01:30.0	01:37.5	01:45.0	01:52.5
00:52.8	00:58.1	01:03.4	01:08.6	01:13.9	01:19.2	T34	200m	T34	00:58.8	01:04.7	01:10.6	01:16.4	01:22.3	01:28.2
00:52.4	00:57.7	01:02.9	01:08.2	01:13.4	01:18.6	T35	200m	T35	01:07.5	01:14.2	01:21.0	01:27.8	01:34.5	01:41.3
						T35a	200m	T35a						
00:42.5	00:46.7	00:51.0	00:55.2	00:59.5	01:03.7	T36	200m	T36	00:57.9	01:03.7	01:09.5	01:15.3	01:21.1	01:26.9
00:39.6	00:43.6	00:47.5	00:51.5	00:55.4	00:59.4	T37	200m	T37	0:51.07	0:56.18	1:01.29	1:06.39	1:11.50	1:16.61
00:38.5	00:42.4	00:46.2	00:50.1	00:53.9	00:57.8	T38	200m	T38	0:48.94	0:53.83	0:58.72	1:03.62	1:08.51	1:13.40
00:46.2	00:50.0	00:54.5	01:00.0	01:06.0		T40	200m	T40	00:57.7	01:02.5	01:08.2	01:15.0	01:22.5	
00:46.2	00:50.0	00:54.5	01:00.0	01:06.0		T41	200m	T41	00:57.7	01:02.5	01:08.2	01:15.0	01:22.5	
00:51.0	00:56.1	01:01.2	01:06.3	01:11.4	01:16.5	T42	200m	T42	01:11.0	01:18.1	01:25.2	01:32.3	01:39.4	01:46.5
00:42.6	00:46.9	00:51.1	00:55.4	00:59.6	01:03.9	T43	200m	T43	00:48.8	00:53.6	00:58.5	01:03.4	01:08.3	01:13.1
00:42.6	00:46.9	00:51.1	00:55.4	00:59.6	01:03.9	T44	200m	T44	00:48.8	00:53.6	00:58.5	01:03.4	01:08.3	01:13.1
00:36.2	00:39.8	00:43.4	00:47.0	00:50.7	00:54.3	T45	200m	T45	00:45.6	00:50.2	00:54.7	00:59.3	01:03.8	01:08.4
00:35.7	00:39.2	00:42.8	00:46.4	00:50.0	00:53.5	T46	200m	T46	00:41.4	00:45.5	00:49.7	00:53.8	00:58.0	01:02.1
00:35.2	00:38.7	00:42.2	00:45.7	00:49.3	00:52.8	T47	200m	T47	00:40.9	00:45.0	00:49.1	00:53.2	00:57.3	01:01.3
01:30.0	01:39.0	01:48.0	01:57.0	02:06.0	02:15.0	T51	200m	T51	01:55.0	02:06.5	02:18.0	02:29.5	02:41.0	02:52.5
00:54.0	00:59.4	01:04.8	01:10.2	01:15.6	01:21.0	T52	200m	T52	01:04.8	01:11.3	01:17.8	01:24.2	01:30.7	01:37.2
00:43.2	00:47.5	00:51.8	00:56.1	01:00.4	01:04.7	T53	200m	T53	00:52.8	00:58.1	01:03.4	01:08.6	01:13.9	01:19.2
00:39.9	00:43.8	00:47.8	00:51.8	00:55.8	00:59.8	T54	200m	T54	00:44.4	00:48.8	00:53.3	00:57.7	01:02.2	01:06.6
03:00.0	03:18.0	03:36.0	03:54.0	04:12.0	04:30.0	TRR1	200m	TRR1	03:00.0	03:18.0	03:36.0	03:54.0	04:12.0	04:30.0
03:00.0	03:18.0	03:36.0	03:54.0	04:12.0	04:30.0	TRR2	200m	TRR2	03:00.0	03:18.0	03:36.0	03:54.0	04:12.0	04:30.0
02:30.0	02:45.0	03:00.0	03:15.0	03:30.0	03:45.0	TRR3	200m	TRR3	02:30.0	02:45.0	03:00.0	03:15.0	03:30.0	03:45.0
02:30.0	02:45.0	03:00.0	03:15.0	03:30.0	03:45.0	TRR4	200m	TRR4	02:30.0	02:45.0	03:00.0	03:15.0	03:30.0	03:45.0
02:00.0	02:12.0	02:24.0	02:36.0	02:48.0	03:00.0	TRR5	200m	TRR5	02:00.0	02:12.0	02:24.0	02:36.0	02:48.0	03:00.0
01:28.5	01:37.4	01:46.2	01:55.1	02:03.9	02:12.8	T11	400m	T11	01:45.6	01:56.2	02:06.7	02:17.3	02:27.8	02:38.4
01:21.9	01:30.1	01:38.3	01:46.5	01:54.7	02:02.9	T12	400m	T12	01:40.8	01:50.9	02:01.0	02:11.0	02:21.1	02:31.2
01:21.9	01:30.1	01:38.3	01:46.5	01:54.7	02:02.9	T13	400m	T13	01:40.8	01:50.9	02:01.0	02:11.0	02:21.1	02:31.2
01:21.9	01:30.1	01:38.3	01:46.5	01:54.7	02:02.9	T20	400m	T20	01:38.4	01:48.2	01:58.1	02:07.9	02:17.8	02:27.6
						T31	400m	T31						
04:30.0	04:57.0	05:24.0	05:51.0			T32	400m	T32	06:00.0	06:36.0	07:12.0	07:48.0		
01:45.0	01:55.5	02:06.0	02:16.5	02:27.0	02:37.5	T33	400m	T33	02:36.0	02:51.6	03:07.2	03:22.8	03:38.4	03:54.0
01:36.0	01:45.6	01:55.2	02:04.8	02:14.4	02:24.0	T34	400m	T34	02:15.0	02:28.5	02:42.0	02:55.5	03:09.0	03:22.5
02:00.0	02:12.0	02:24.0	02:36.0	02:48.0	03:00.0	T35	400m	T35	02:30.0	02:45.0	03:00.0	03:15.0	03:30.0	03:45.0
						T35a	400m	T35a						
01:40.3	01:50.3	02:00.3	02:10.3	02:20.4	02:30.4	T36	400m	T36	02:10.0	02:23.0	02:36.0	02:49.0	03:02.0	03:15.0
01:36.0	01:45.6	01:55.2	02:04.8	02:14.4	02:24.0	T37	400m	T37	01:52.8	02:04.1	02:15.4	02:26.6	02:37.9	02:49.2
01:42.0	01:52.2	02:02.4	02:12.6	02:22.8	02:33.0	T38	400m	T38	01:51.6	02:02.8	02:13.9	02:25.1	02:36.2	02:47.4
01:45.0	01:55.5	02:06.0	02:16.5			T40	400m	T40	02:05.0	02:17.5	02:30.0	02:42.5		
01:45.0	01:55.5	02:06.0	02:16.5			T41	400m	T41	02:05.0	02:17.5	02:30.0	02:42.5		
01:55.0	02:06.5	02:18.0	02:29.5	02:41.0	02:52.5	T42	400m	T42	02:28.0	02:42.8	02:57.6	03:12.4	03:27.2	03:42.0

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U23 Male	U20 Male	U18 Male	U16 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U18 Female	U16 Female	U14 Female	U11 Female
01:31.4	01:40.5	01:49.6	01:58.8	02:07.9	02:17.0	T43	400m	T43	01:57.6	02:09.4	02:21.1	02:32.9	02:44.6	02:56.4
01:31.4	01:40.5	01:49.6	01:58.8	02:07.9	02:17.0	T44	400m	T44	01:57.6	02:09.4	02:21.1	02:32.9	02:44.6	02:56.4
01:20.0	01:28.0	01:36.0	01:44.0	01:52.0	02:00.0	T45	400m	T45	01:48.0	01:58.8	02:09.6	02:20.4	02:31.2	02:42.0
01:18.0	01:25.8	01:33.6	01:41.4	01:49.2	01:57.0	T46	400m	T46	01:45.0	01:55.5	02:06.0	02:16.5	02:27.0	02:37.5
01:18.0	01:25.8	01:33.6	01:41.4	01:49.2	01:57.0	T47	400m	T47	01:45.0	01:55.5	02:06.0	02:16.5	02:27.0	02:37.5
02:42.0	02:58.2	03:14.4	03:30.6	03:46.8		T51	400m	T51	04:00.0	04:24.0	04:48.0	05:12.0	05:36.0	
01:49.2	02:00.1	02:11.0	02:22.0	02:32.9	02:43.8	T52	400m	T52	01:52.8	02:04.1	02:15.4	02:26.6	02:37.9	02:49.2
01:24.0	01:32.4	01:40.8	01:49.2	01:57.6	02:06.0	T53	400m	T53	01:48.0	01:58.8	02:09.6	02:20.4	02:31.2	02:42.0
01:16.5	01:24.1	01:31.8	01:39.5	01:47.1	01:54.7	T54	400m	T54	01:36.0	01:45.6	01:55.2	02:04.8	02:14.4	02:24.0
06:00.0	06:36.0	07:12.0	07:48.0	08:24.0	09:00.0	TRR1	400m	TRR1	06:00.0	06:36.0	07:12.0	07:48.0	08:24.0	09:00.0
06:00.0	06:36.0	07:12.0	07:48.0	08:24.0	09:00.0	TRR2	400m	TRR2	06:00.0	06:36.0	07:12.0	07:48.0	08:24.0	09:00.0
05:30.0	06:03.0	06:36.0	07:09.0	07:42.0	08:15.0	TRR3	400m	TRR3	05:30.0	06:03.0	06:36.0	07:09.0	07:42.0	08:15.0
05:30.0	06:03.0	06:36.0	07:09.0	07:42.0	08:15.0	TRR4	400m	TRR4	05:30.0	06:03.0	06:36.0	07:09.0	07:42.0	08:15.0
05:00.0	05:30.0	06:00.0	06:30.0	07:00.0	07:30.0	TRR5	400m	TRR5	05:00.0	05:30.0	06:00.0	06:30.0	07:00.0	07:30.0
03:45.0	04:07.5	04:30.0	04:52.5	05:15.0		T11	800m	T11	04:38.4	05:06.2	05:34.1	06:01.9	06:29.8	
03:15.0	03:34.5	03:54.0	04:13.5	04:33.0		T12	800m	T12	04:38.4	05:06.2	05:34.1	06:01.9	06:29.8	
03:15.0	03:34.5	03:54.0	04:13.5	04:33.0		T13	800m	T13	04:38.4	05:06.2	05:34.1	06:01.9	06:29.8	
03:15.0	03:34.5	03:54.0	04:13.5	04:33.0		T20	800m	T20	04:38.4	05:06.2	05:34.1	06:01.9	06:29.8	
						T31	800m	T31						
09:30.0	10:27.0	11:24.0	12:21.0			T32	800m	T32	11:30.0	12:39.0	13:48.0	14:57.0		
04:00.0	04:24.0	04:48.0	05:12.0	05:36.0		T33	800m	T33	04:45.6	05:14.2	05:42.7	06:11.3	06:39.8	
03:39.0	04:00.9	04:22.8	04:44.7	05:06.6	05:28.5	T34	800m	T34	04:29.0	04:55.9	05:22.8	05:49.7	06:16.6	06:43.5
05:44.0	06:18.4	06:52.8	07:27.2	08:01.6		T35	800m	T35	06:00.0	06:36.0	07:12.0	07:48.0	08:24.0	
						T35a	800m	T35a						
03:42.0	04:04.2	04:26.4	04:48.6	05:10.8		T36	800m	T36	04:50.0	05:19.0	05:48.0	06:17.0	06:46.0	
03:34.2	03:55.6	04:17.0	04:38.4	04:59.9	05:21.3	T37	800m	T37	04:20.0	04:46.0	05:12.0	05:38.0	06:04.0	06:30.0
03:36.0	03:57.6	04:19.2	04:40.8	05:02.4	05:24.0	T38	800m	T38	04:10.0	04:35.0	05:00.0	05:25.0	05:50.0	06:15.0
						T40	800m	T40						
						T41	800m	T41						
						T42	800m	T42						
03:25.0	03:45.5	04:06.0	04:26.5	04:47.0		T43	800m	T43	03:50.0	04:13.0	04:36.0	04:59.0	05:22.0	
03:25.0	03:45.5	04:06.0	04:26.5	04:47.0		T44	800m	T44	03:50.0	04:13.0	04:36.0	04:59.0	05:22.0	
03:09.0	03:27.9	03:46.8	04:05.7	04:24.6		T45	800m	T45	03:40.0	04:02.0	04:24.0	04:46.0	05:08.0	
03:09.0	03:27.9	03:46.8	04:05.7	04:24.6		T46	800m	T46	03:40.0	04:02.0	04:24.0	04:46.0	05:08.0	
						T47	800m	T47						
05:10.0	05:41.0	06:12.0	06:43.0			T51	800m	T51	08:00.0	08:48.0	09:36.0	10:24.0		
03:12.4	03:31.7	03:50.9	04:10.1	04:29.4		T52	800m	T52	03:50.0	04:13.0	04:36.0	04:59.0	05:22.0	
02:46.0	03:02.6	03:19.2	03:35.8	03:52.4	04:09.0	T53	800m	T53	03:36.0	03:57.6	04:19.2	04:40.8	05:02.4	05:24.0
02:32.9	02:48.2	03:03.5	03:18.8	03:34.1	03:49.4	T54	800m	T54	03:12.0	03:31.2	03:50.4	04:09.6	04:28.8	04:48.0
08:45.0	09:37.5	10:30.0	11:22.5			TRR1	800m	TRR1	08:45.0	09:37.5	10:30.0	11:22.5		

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U23 Male	U20 Male	U18 Male	U16 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U18 Female	U16 Female	U14 Female	U11 Female
08:30.0	09:21.0	10:12.0	11:03.0			TRR2	800m	TRR2	08:30.0	09:21.0	10:12.0	11:03.0		
08:15.0	09:04.5	09:54.0	10:43.5			TRR3	800m	TRR3	08:15.0	09:04.5	09:54.0	10:43.5		
07:30.0	08:15.0	09:00.0	09:45.0	10:30.0		TRR4	800m	TRR4	07:30.0	08:15.0	09:00.0	09:45.0	10:30.0	
07:00.0	07:42.0	08:24.0	09:06.0	09:48.0		TRR5	800m	TRR5	07:00.0	07:42.0	08:24.0	09:06.0	09:48.0	
06:38.4	07:18.2	07:58.1	08:37.9	09:17.8		T11	1500m	T11	08:00.4	08:48.4	09:36.4	10:24.5	11:12.5	
06:18.0	06:55.8	07:33.6	08:11.4	08:49.2		T12	1500m	T12	07:36.0	08:21.6	09:07.2	09:52.8	10:38.4	
06:18.0	06:55.8	07:33.6	08:11.4	08:49.2		T13	1500m	T13	07:36.0	08:21.6	09:07.2	09:52.8	10:38.4	
06:18.0	06:55.8	07:33.6	08:11.4	08:49.2		T20	1500m	T20	07:36.0	08:21.6	09:07.2	09:52.8	10:38.4	
						T31	1500m	T31						
						T32	1500m	T32						
08:28.0	09:18.8	10:09.6	11:00.4	11:51.2		T33	1500m	T33	09:45.0	10:43.5	11:42.0	12:40.5	13:39.0	
07:10.0	07:53.0	08:36.0	09:19.0	10:02.0		T34	1500m	T34	09:01.0	09:55.1	10:49.2	11:43.3	12:37.4	
10:00.0	11:00.0	12:00.0	13:00.0	14:00.0		T35	1500m	T35	12:00.0	13:12.0	14:24.0	15:36.0	16:48.0	
						T35a	1500m	T35a						
08:38.0	09:29.8	10:21.6	11:13.4	12:05.2		T36	1500m	T36	10:20.0	11:22.0	12:24.0	13:26.0	14:28.0	
06:36.2	07:15.8	07:55.4	08:35.0	09:14.7		T37	1500m	T37	09:15.0	10:10.5	11:06.0	12:01.5	12:57.0	
07:38.0	08:23.8	09:09.6	09:55.4	10:41.2		T38	1500m	T38	09:00.0	09:54.0	10:48.0	11:42.0	12:36.0	
						T40	1500m	T40						
						T41	1500m	T41						
						T42	1500m	T42						
08:40.0	09:32.0	10:24.0	11:16.0	12:08.0		T43	1500m	T43	09:40.0	10:38.0	11:36.0	12:34.0	13:32.0	
08:40.0	09:32.0	10:24.0	11:16.0	12:08.0		T44	1500m	T44	08:20.0	09:10.0	10:00.0	10:50.0	11:40.0	
06:24.0	07:02.4	07:40.8	08:19.2	08:57.6		T45	1500m	T45	07:00.0	07:42.0	08:24.0	09:06.0	09:48.0	
06:24.0	07:02.4	07:40.8	08:19.2	08:57.6		T46	1500m	T46	07:00.0	07:42.0	08:24.0	09:06.0	09:48.0	
						T47	1500m	T47						
10:30.0	11:33.0	12:36.0	13:39.0			T51	1500m	T51	14:00.0	15:24.0	16:48.0	18:12.0	19:36.0	
06:48.0	07:28.8	08:09.6	08:50.4	09:31.2		T52	1500m	T52	08:20.0	09:10.0	10:00.0	10:50.0		
03:58.9	04:22.8	04:46.7	05:10.6	05:34.5		T53	1500m	T53	05:00.0	05:30.0	06:00.0	06:30.0	07:00.0	
03:58.9	04:22.8	04:46.7	05:10.6	05:34.5		T54	1500m	T54	05:00.0	05:30.0	06:00.0	06:30.0	07:00.0	
						TRR1	1500m	TRR1						
						TRR2	1500m	TRR2						
10:00.0	10:00.0					TRR3	1500m	TRR3	10:00.0	10:00.0				
09:45.0	09:45.0	10:00.0	10:00.0			TRR4	1500m	TRR4	09:45.0	09:45.0	10:00.0	10:00.0		
09:30.0	09:30.0	09:45.0	09:45.0			TRR5	1500m	TRR5	09:30.0	09:30.0	09:45.0	09:45.0		
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T11	5000m	T11	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T12	5000m	T12	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T13	5000m	T13	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T20	5000m	T20	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T31	5000m	T31	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T32	5000m	T32	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0

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U23 Male	U20 Male	U18 Male	U16 Male	U14 Male	U11 Male	Class/Event			U23 Female	U20 Female	U18 Female	U16 Female	U14 Female	U11 Female
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T33	5000m	T33	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T34	5000m	T34	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T35	5000m	T35	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T36	5000m	T36	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T37	5000m	T37	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T38	5000m	T38	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
						T40	5000m	T40						
						T41	5000m	T41						
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T42	5000m	T42	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T43	5000m	T43	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T44	5000m	T44	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T45	5000m	T45	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	25:00.0	T46	5000m	T46	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0	27:00.0
						T47	5000m	T47						
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T51	5000m	T51	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T52	5000m	T52	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T53	5000m	T53	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0
15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	15:50.0	T54	5000m	T54	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0	20:00.0
						TRR1	5000m	TRR1						
						TRR2	5000m	TRR2						
20:00.0	20:00.0					TRR3	5000m	TRR3	22:00.0	22:00.0				
20:00.0	20:00.0	20:00.0	20:00.0			TRR4	5000m	TRR4	22:00.0	22:00.0	22:00.0	22:00.0		
20:00.0	20:00.0	20:00.0	20:00.0			TRR5	5000m	TRR5	22:00.0	22:00.0	22:00.0	22:00.0		